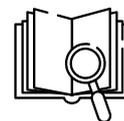


LEARNING REFLECTION



Artifact Name: PBH Assignment 5 (WSCC Model)	Standard: 6
Sub-Indicator: 6.a	Class: Foundations of Schl Health Ed. PBH 600

Sample and Standard

This WSCC assignment required me to analyze school-health needs across all ten WSCC components and identify where improvements were necessary. It aligns with SOPHE TPS Standard 1, which focuses on demonstrating foundational knowledge in school health, and HESPA Area I, which assesses needs and capacity.

Alignment

I included this artifact because it was one of the first assignments that helped me understand how complex and interconnected school-health systems are. It clearly aligns with WSCC and HESPA standards by demonstrating that I can assess school environments holistically and advocate for areas of improvement.

Learned

I learned how essential it is to understand the full WSCC model when planning school-wide initiatives. The assignment helped me see which components schools often excel in and which require more coordinated effort. I also learned how data, partnerships, and system-level thinking support student health outcomes.

Importance

This piece is meaningful because it shaped my perspective on what it means to be a health educator beyond the classroom. It made me realize how much advocacy, coordination, and systems thinking matter in creating healthier school environments.

Reflect and Explain

This artifact is exemplary because it demonstrates my ability to analyze school-health systems in a structured, evidence-informed way. I showed strong understanding of each WSCC component and how they collectively support student well-being. I improved significantly in my ability to connect data to actionable steps and articulate advocacy goals informed by real student needs. If I were to refine the artifact further, I would add more district-specific data and strengthen the connection between WSCC components and culturally responsive practices. Still, this artifact represents a foundational moment in building my confidence as a school-health advocate and systems thinker.